



Coach Information - Rhea Pfeiffle

HOW TO SUPPORT YOUR CHILD:

1. Be Your Child's Personal Trainer

- Be there when they play
- Help them manage their Playlist. Tell them which songs should be played today. Check the Playlist for them.
- Review any notes – What was covered at the lesson? Any special tasks?
- Give positive feedback (only) – There is always something positive to say. E.g. "You are playing that faster; I can hear more control in that song; You put feeling in the way you played that."

2. Be a bodyguard for your child's practice time.

Help move things that may interfere to a different time. Do they play in the morning? Then make sure they get to bed early. Do they play after school? Then make sure that play dates end early enough for them to still play before dinner.

3. Help them assess their Playlist - Remember it's not necessarily how good it sounds but how easy it is to play – The rhythm may be still be wrong; the touch too hard; or is being played too slowly or quickly Have they got enough songs at 4 or 5?

- **5** - I can play this easily and musically (and have fun!)
- **4** - I can play this quite easily but it's not quite 'there'
- **3** - It flows but I have to play it slowly
- **2** - I know what to do but I really have to think about it
- **1** - I sometimes don't know how to put the song together

4. Keep track of how often they play – Have they missed more than 2 days in a row? That's the beginning of getting behind.

5. Be involved with the lesson; know what's going on – "Is that your new song? Wow! What did you do in the reading process? So you're learning how to read rhythm! Fantastic."

6. Make sure that they play soon after their lesson and recall the new material. Help them watch the video. Let them commandeer the computer or device.

7. Help them to play along with the audio. It's great fun when they think they've mastered a song to play along with the recordings. Another hand on the player can really help.